CALL FOR SCHOLARSHIP APPLICATIONS

Continuous Professional Development Courses

Issued by the University of Rwanda, College of Medicine and Health Sciences (UR-CMHS), in partnership with the Ministry of Sports (MINISPORTS).

1. Background

Rwanda is investing in sports development and high-performance systems, and athletes depend every day on the people around them: doctors, physiotherapists, nurses, nutritionists, conditioning coaches, academy staff and welfare officers. Many of these practitioners learned on the job and have had little specialist training in sport, which leaves gaps in sports medicine, nutrition, physical conditioning, mental welfare and scientific coaching. The result is injuries that could have been prevented or better treated, poor nutrition and hydration, overtraining and burnout, and weak protection for young athletes. These gaps affect the health, safety, performance and lead to short careers of athletes at every level.

To address them, MINISPORTS and the University of Rwanda are establishing the Centre for Sports Studies (Cen-Sports), a national hub for research, training and athlete support. The first steps is the delivery of three short courses, offered on scholarship for current & federation nominated practitioners. These courses do not replace the certification pathways that national federations set in their capacity development plans. Instead, they realign current practitioners with the skills now demanded in the field, and they help harmonise practice across local sports ecosystem by combining an academic setting with sport-specific specialisation.

2. Courses

Course	What you will learn
Sports Medicine and Injury Prevention	Athlete medical screening, injury mechanisms and prevention, rehabilitation, pitch-side emergency care, return-to-play decisions, ethics in medical care.
Sports Nutrition and Athlete Energy Management	Energy and macronutrient planning, hydration and recovery, safe supplementation, nutrition for youth, elite and injured athletes, anti-doping awareness.
Physical Conditioning and athlete Welfare	Strength and conditioning, age-appropriate training and load monitoring, fitness testing, recovery, psychological welfare, safeguarding, burnout prevention, welfare policy.

- Each course runs in two parallel cohorts, starting December 7, 2026. The courses will be Part Time, Hybrid mode, with physical practical sessions & evaluation.
- The scholarship covers participation at no fee. Any other support is confirmed in the award letter.
- Places are limited. The selection committee awards places based on demand and merit, so the number of places on each course will reflect the applications received.

3. Who Can Apply

Anyone who works with federations and secures their recommendation for any course, federation-linked volunteers in similar roles, or people with the required academic background (undergraduate), willing to build a career supporting athletes, for example team doctors, physiotherapists, nurses, nutritionists, coaches, fitness trainers, academy and team staff,

physical education teachers, sports administrators, and current or former athletes. Personnel from national teams, professional clubs and academies are especially encouraged to apply, through line federation recommendations.

4. How to Apply: Steps to Take

Step	What to do
1. Choose	Choose the one course that fits your current or intended role.
2. Prepare	Prepare in PDF format: • A copy of National ID or passport; • Curriculum Vitae; • Certificates (Academic & professional, if any) ; • A supporting recommendation/nomination letter from line federation, club, academy, school or employer, stating your role and confirming that you can attend the course. • For current students, only last-year students will be accepted (with academic testimonial); • a motivation statement of up to 300 words (why you need the course and how you will use and share it);
3. Apply online	Submit the application form and upload your documents through the link on the following link: https://ee.kobotoolbox.org/x/PQ9dHWIy Applications by email or paper are not accepted. Applications close on 15/11/2026.
4. Selection	The selection committee reviews every application. It may check your documents and invite you to a short interview. Decisions are at the committee's discretion and are final, except that you may ask for a review in writing within 3 working days of your result.
5. Result	You will receive your result by email latest 25/11/2026. Accept your place within 3 working days. Unconfirmed places go to applicants on the waiting list.
6. Attendance	Attend at least 80% of sessions to earn your certificate, complete the course evaluations including final exams.

5. Key Dates

Stage	Date
Call opens	01/11/2026
Application deadline	15/11/2026
Review, verification and interviews (Where necessary)	16-20/11/2026
Results announced; acceptance within 3 working days	21-25/11/2026
Induction	30/11/2026
Start of the course	7/12/2026

6. Important Notes and Contact

- False information or documents lead to disqualification.
- Your personal data is used only for selection and for running the courses by the University of Rwanda and MINISPORTS.
- For more details & further information, please contact: Dr Nuhu Assuman, 0788761109 (Call & WhatsApp), nuhu.assuman@ur.ac.rw .

7. Delivery Plan

Methods of learning

Aspect	Description
Mode	Part-time and hybrid: physical sessions combined with online learning on the University of Rwanda (UR) eLearning platform. Participants keep working while they study.
Duration	6 months per course, including all practicals, the attachment, the exit practical report and the final examination.
Structure	4 to 5 modules per course.
Online component	Theory: recorded and live lessons, readings, quizzes and discussion forums on the UR eLearning platform.
Physical component	Blocks of in-person sessions for practicals, demonstrations, case simulations and assessments that need hands-on supervision.
Attachment	1 to 2 months in a relevant setting (national team, club, academy or federation programme) under a named host supervisor. The participant applies the course content and keeps a log of activities and cases.
Exit practical report	Written by each participant from the experience gained during the attachment. Submitted and assessed before the final exam.
Final examination	Last step of the course, taken after the exit practical report has been assessed.
Certificate	Awarded to participants who meet the attendance requirement (at least 80% of sessions), complete the modules and practicals, pass the exit practical report and pass the final exam.

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