

**UNIVERSITY OF RWANDA, CENTRE FOR MENTAL HEALTH - COLLEGE OF
MEDICINE AND HEALTH SCIENCES**

&

SOS CHILDREN'S VILLAGES RWANDA

1st Feb to 20th August 2021 (6 months)

**2021 Postgraduate Continuous Professional Development (CPD) Training Program in
Clinical Supervision**

In the framework of the partnership between the University of Rwanda (UR) and the SOS Children's Villages-Rwanda, the Centre of Mental Health/College of Medicine and Health Sciences (CMHS) is organizing a Postgraduate Continuous Professional Development (CPD) in Clinical Supervisor Training Programme.

RATIONALE OF THE TRAINING

Have you ever thought about offloading the stress of daily encounters with your clients? Have you ever met professionals or practitioners who doubted their competencies in helping their clients, at the point where, they felt unable to continue their careers? Or, have you ever been in need of knowledge while supervising mental health teams, university students, or have a professional session of peer supervision (or InterVision) with your colleagues?

This 2021 Clinical Supervisor Training Program may be an opportunity to respond to above concerns. It will consist of two teaching blocks in Kigali, Rwanda (one in January 2021 and another one in August 2020). In between these two teaching blocks, participants will be engaged in monthly supervision of supervisors. Therefore, the candidates might have groups of practitioners they meet regularly in supervision settings to practice the theories got from the teaching blocks.

This course brought to you by the University of Rwanda-College of Medicine and Health Sciences/Centre for Mental Health, in collaboration with SOS Children's Villages Rwanda. The instructors include Beata Mugarusanga, Dr Jeanne Marie Ntete, Providence Umuziga, Kalisa Joseph and Ingelise Nordenhof. Who have experience in clinical Supervision in different contexts.

THEORY AND PRACTICE

The training programme is based on a systemic and narrative framework but also include theories of group processes, as the most common setting of the supervision will be in groups. Theory and practice are integrated into the training programme, so the participants will be able to choose what theoretical and methodical approach fits best in certain situations.

FIRST FACE-TO-FACE TEACHING BLOCK

The teaching blocks will take place at CMHS-Centre for Mental Health, UR-Remera Campus, KG11 Ave, 47.



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FIRST FACE-TO-FACE TEACHING BLOCK

The teaching blocks will take place at CMHS-Centre for Mental Health, UR-Remera Campus, KG11 Ave, 47.

**Level One
INTENSIVE
1-5 Feb**

This one-week workshop is made to introduce Systemic ideas of supervision. The content goes in details, on introducing the Systemic thinking and approach to supervision and key elements in the basic supervisory process. The participants will receive a compendium of readings that will sustain their practices.

Participants will also have a five-day intensive workshop with well trained and experienced instructors to introduce the Narrative Therapy and community Work ideas before being immersed into the advanced skills of Narrative applied to supervision. Instructors for this session are: Serge Nyirinkwaya, Beata Mukarusanga, Sr Seraphina Kaitesirwa, Sr Christine Mushashi and Kalisa Joseph.

AUGUST FACE-TO-FACE TEACHING BLOCK

**Level Two
INTENSIVE
16-20 AUG**

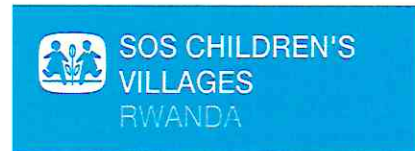
This one-week workshop will extend participants' knowledge to skills of narrative therapy to supervision. The content includes follow-up since the previous module, more about supervision from a systemic perspective, narrative supervision as well as defining when the supervisor works with people who have experienced trauma; who the supervisor is, ethical considerations to supervision in practice, examination and certificates celebration.

SUPERVISION OF SUPERVISORS TO BECOME

In between these two teaching blocks, participants will be engaged in reading the compendium, and meeting with groups of people who need clinical supervision. The participants must practice as a supervisor for a total of 20 hours in the overall course of the training programme. It will be the supervisor and the instructor who will rubber-stamp the participants' participation and attendance in the supervision sessions held in between the teaching blocks. In addition, a 5-minute-long video of a supervision session will be taken for one's exercise, and a 500 words reflection on it will be sent to the local co-instructors in April 2021.

Note: As a final exam, the participants must present a 5-minute-long video presentation of a supervision session and a synopsis of 500 words, in which they analyze a supervision session with reflections on the theoretical and methodological approach they have used. Dilemmas and challenges they have met will be discussed and how they have handled these, as a clinical supervisor.

Finally, in order to pass the exam, the participant must have an attendance rate of 80% or higher in both teaching blocks and in the super-supervision sessions between the modules.



WHO SHOULD ATTEND

If you are a person in contact with individuals or groups of people who work in humanitarian such as NGOs working with refugees, vulnerable children, young people or adults, mental health services, rehabilitation and reintegration centres, trainers or mentors, you might be interested to follow this course.

ENTRY REQUIREMENTS

- An undergraduate degree in a related discipline:
 - ✓ Psychology (Clinical Psychology, Counseling Psychology, Social Psychology, etc)
 - ✓ Social Work (with an orientation in Clinical/Psychiatric/Community Social Work)
 - ✓ Psychiatric Nursing
 - ✓ Family and Community Medicine
 - ✓ Education, Psycho-pedagogy, ...
- Evidence of two years of relevant work experience;
- Statement of up to 500 words by the Applicant;
- English proficiency;

Please note, it is necessary to be working in a context in which you are able to meet clients in clinical supervision setting to be able to put theoretical knowledge into practice.

COST OF THE TRAINING

1. SOS Children's Villages Rwanda will sponsor a part of the training costs. However, participants will be requested to cover the following:
2. US\$ 350/participant covering training materials, meals during face-to-face teaching blocks and contribution to tutor's fees.
3. Participants will be allowed to pay their contribution in 1 to 3 instalments. Payment modalities will be shared later.

HOW TO APPLY

Application is open until November 30, 2020. Register online with the following link: <https://bit.ly/ClinicalSupervisionCourse>

TIMELINE

- Till End November 2020: Candidates applications
- 1st - 25th December 2020: Candidates selection
- 1st February to 20th August 2021: Learning

Note: there will be an International Narrative Therapy and Community Work Conference in Kigali from 9th – 13th August 2021 (<https://dulwichcentre.com.au/conference/>). Learners in this course will be able to attend for free.



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ACADEMIC TEAM

The academic team will consist of experienced trainers. The team of facilitators includes clinical supervisors from SOS Children's Villages Rwanda and other partner organizations.

FOR MORE INFORMATION, CONTACT:

- CMHS-Centre for Mental Health, University of Rwanda: Joseph Kalisa, E-mail : josephka300@gmail.com
- SOS Children's Villages Rwanda : Beata Mukarusanga, E-mail : beata.mukarusanga@sos-rwanda.org,

Kigali, 18th November 2020



Prof Vincent Sezibera

Director of Centre for Mental Health

University of Rwanda/CMHS.



M^{rs} Serge Nyirinkwaya

Acting National Director

SOS Children's Villages Rwanda