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## RE-ADVERTISED CALL FOR POST-DOCTORAL SCHOLARSHIP IN APPLIED HEALTH RESEARCH

### I. Background

All children and adolescents (CA) have a right to enjoy their childhood as well as being able to attain their full potential and lead productive adult lives. Moreover, the benefits of preventing mental illness to individuals, their families, and societies are high, meaning that there is a strong economic as well as moral case for promoting mental wellbeing, including that of children and adolescents. The importance of universal interventions to foster CA's positive development and promote their mental wellbeing is increasingly recognized as a global priority, with schools seen as a good place to deliver them because of the amount of time CA spend in them, and the economies of scale that can be achieved.

This project, titled "Promoting children's and adolescents' mental wellbeing in sub-Saharan Africa (SSA)", sets out an ambitious trans-disciplinary, gender transformative applied health project to enable the governments and peoples of two developing countries, Rwanda and Ethiopia, to realise their ambition of improving the mental wellbeing of CA. The project will be delivered by an equitable partnership between the University of Rwanda (UR) in Rwanda, Addis Ababa University (AAU) in Ethiopia, and the University of Aberdeen (UoA) in Scotland. The overall objective of this project is to develop, implement, and evaluate an affordable, effective, and trusted whole-school mindfulness intervention to improve the mental well-being of children and adolescents in Rwanda and Ethiopia.

### II. Description

To achieve the above-mentioned objective, the project has planned, among other activities, to provide capacity building and promote action research undertaken by academic staff from the implementing partners' institutions: the University of Rwanda (UR) in Rwanda and Addis Ababa University (AAU). The postdoctoral researcher will be trained in undertaking interdisciplinary/transdisciplinary research to improve the health and well-being of people living in SSA. They will be supervised by experienced researchers from the University of Aberdeen, UK, the University of Rwanda, Rwanda, and Addis Ababa University, Ethiopia

The postdoctoral researcher will conduct research as part of the research team under the supervision of experienced researchers from the above three Universities while also supervising PhD students and research assistants working on the project.

The post-doctoral researcher (PDR) will have dual goals, contributing to the NHIR research project and developing their career.



### III. Funding

The funding of the postdoctoral researcher has been planned under the project's implementation. The programme's duration is two years. Based on accepted reasons, a one-year extension is possible. The NIHR project will fully cover all costs related to this Postdoctoral offer being advertised here.

### IV. Application requirements

- Rwandan by nationality,
- Academic staff members of the University of Rwanda, or from an institution partnering with UR
- Holding a PhD in public health, medicine, or health health-related field

### V. Application files

The interested candidates should submit the following documents in soft copies as one zipped document:

- An application letter addressed to the Director, UR Centre for Postgraduate Studies
- A motivation letter which demonstrates commitment and reasons for the applicant's interest in this programme,
- A detailed curriculum vitae (CV),
- Notified copies of previous degrees,
- Three recommendation letters from academic senior staff members, one preferably from the university/lecturer/supervisor for the PhD degree programme.

### VI. Specific eligibility criteria

- Be fluent in English, both orally and in writing
- Female applicants will be given a competitive advantage in line with UR's gender policy and UR's commitment to bridging the gender gap in research and teaching
- Male applicants should not be older than 40 years, and female applicants should not be older than 45 years

### VII. Selection methodology

Shortlisted candidates will be invited to the interview on dates that will be communicated through their respective emails.







VIII. How to apply and key dates

A complete application file in a zipped folder should be sent to the UR-CPGS officer through email: [ur-cpgscholarship@ur.ac.rw](mailto:ur-cpgscholarship@ur.ac.rw), Tel: 07929 88304, with a copy to email: [w.nzabairwa@ur.ac.rw](mailto:w.nzabairwa@ur.ac.rw)  
Applications should be submitted not later than May 09, 2025, at 5:00 pm

IX. For further information, please contact:

Prof. Wenceslas Nzabairwa, NIHR Project Country Lead Tel: +250788428454 Email: [w.nzabairwa@ur.ac.rw](mailto:w.nzabairwa@ur.ac.rw).

Done at Kigali, on 29/04/2025

Assoc. Prof. KAYIHURA Muganga Didas,  
Acting Vice Chancellor

