



## SUICIDE INTERVENTION TRAINING

**6<sup>th</sup> March, 2020; UR-Remera Campus**

For several years, we have been sensitive to the multidimensional context of difficulties in people who have suicidal behaviors. However, several risk factors including environmental and developmental factors very often prove to be the basis of suicidal vulnerability. Thus, new intervention models must take this reality into account.

### Training Content

- 1) a theoretical and practical understanding of the development of suicidal vulnerability;
- 2) better knowledge of the progression of the suicide crisis;
- 3) an ability to identify the risks associated with the emergence of a suicidal crisis;
- 4) an ability to assess the dimensions of risk, urgency and danger during crises and suicidal crises;
- 5) sensitivity to the requirements of intervention with people with suicidal vulnerability.

### About the Trainer

Dr Monique Séguin, Ph.D.

Professor, University of Quebec in Outaouais, Department of Psychology

Researcher, McGill Group for Suicide Studies

### This program offers:

A structured training program for new staff is in effect.

A structured continuing education and skills upgrading program that focuses on the various problems encountered by crisis intervention service and on new practice methods is in effect. This training, supported by the results of research on treatment effectiveness, is intended to provide crisis intervention trainers with tools in a multidimensional context according to a conceptualization of crisis based on a clearly defined typology to better guide the efforts of practitioners.

	Activities
<b>9h00 to 10 h30</b>	Welcome Introduction and review of documents Presentation of crisis intervention (theory) Knowledge of the progression of the suicide crisis
<b>10h45 to 12h00</b>	Presentation of risk and protective factors Risk assessment of suicidal individual Assessment of risk, urgency and danger during crises and suicidal crisis



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<b>13h30 to 15h00</b>	<b>Clinical practice</b> Clinical supervision required during training Educational aspects of the scenarios Scenario selection based on educational objectives How to conduct a crisis intervention/ simulation by candidate trainers (theory and practice)
<b>15h15 to 17h00</b>	Acquire “expertise” in 24/7 crisis intervention Conclusion