



## Opening Coffea & Tea served 8:30-9:00

### Opening Session 9-9:45

- 9:00-9:10 Remarks by Director/CMH  
9:10-9:20 Remarks by RPCA Director  
9:20-9:35 Traditional dance

### SESSION 1 9:35-1:00

- 9:35-10:35 Panel conversation: Bridging the Policy to Practice Gap in Mental Health and Child Development: Where are we? And where do we go from here?  
10:35-11:05 SM Findings dissemination workshop  
11:05-11:15 Welcome Remarks by University of Rwanda representative  
11:15-11:25 Opening Remarks from Minister of Gender and Family Promotion  
11:25-1:00 SM Findings dissemination workshop  
1:00 - 2:00 LUNCH

### SESSION 2 2:00-4:00

#### 2:00-2:45 Presentations.

- ① Four-year follow-up of the Youth Readiness Intervention: An Integrated Mental Health and Livelihoods Intervention for War-Affected Youth in Sierra Leone
- ② Using Length mates to eliminate stunting and improve mental health among children 3-18 months in Humanitarian setting I Rwanda
- ③ Investigating how Poor Parenting Skills Training affect child development which results in Mental health problems (The case of Botlhapatlou, Kweneng District, Botswana)

#### 2:45-3:30 Panel discussion/Q&A session

#### 4:00-4:30 Presentations

- ① Providing Services to Youth involved in Transactional Sex in Uganda: Professional Ethics in the Context of LGBTQ+ and Gender Oppression
- ② Raising Our Heads Above The Clouds

#### Poster presentations day 1

- ① Exploratory research on impact of use of locomotor assistive devices on mental health of children with locomotor disabilities- Qualitative Study
- ② Sleep quality among undergraduate medical students in Rwanda: a comparative study
- ③ Utilisation of family planning services among deaf women of childbearing age in selected two eastern province districts of Rwanda: a cross-sectional study.
- ④ Prevalence and Associated Factors of Depression and Anxiety Among Medical Student in Rwanda
- ⑤ Live and Achieve Project
- ⑥ Implementation science: experiences of Multi Family Healing Spaces
- ⑦ Honoring their Stories': Care Providers' Understanding of Psychosocial Concerns among Ethnic Nepali Bhutanese Older Adults with a Refugee Life Experience
- ⑧ Perceptions of the intervention utility and effectiveness in supporting and reintegrating youths born of genocidal rape in Rwanda
- ⑨ Mental health outcomes of women screened for Cervical and breast cancer in Rural Rwanda

## Speakers

Dr. Kayihura Muganga Didas  
*Ag. Vice-chancellor*  
Hon. Valentine Uwamariya

Laura Bond  
*(Boston College)*

Florence Mukantwali  
*(Save the Children)*

Shima Vincent Ramaeba  
*(Family and Community Strengthening Trust)*

Prof Hugo Kamya  
*(Simmons University)*

Caleb Wakhungu  
*(Mt Elgon Self-Help Community Program/Uganda)*

Neha Singh Mitra  
*(University of Rwanda)*

Renauvat Mutarambirwa  
*(Tubimenye Medi Hub)*

Etienne Numviyumukiza  
*(University of Rwanda Nursing Research Club)*

Rulinda Kwizera  
*(University of Rwanda)*

Thierry Nabayo  
*(Joy Achievers Foundation)*

Adelite Mukamana

Lila K Chamlagai  
*(Brown University, School of Public Health)*

Fortunee Munyandatsa  
*(University of Rwanda, Centre for Mental Health)*

Ellie Nitereka  
*(Nyamata Teaching Hospital Level II)*



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### SESSION 3 9:00-1:00

9:00-9:30 Keynote Presentation

9:30-10:30 Presentations

- ① Early childhood neurodevelopmental delay and association with probable postpartum depression in Northern Uganda
- ② Community Mental Health Initiative among refugee populations in Rwanda- A save the Children Intervention
- ③ Defining and Quantifying Familial Dysfunction
- ④ Emotion Regulation, Resiliency, and Family Dynamics on Parental and Children's Mental Health in Sierra Leone

10:30-11:15 Panel discussion/Q&A session

11:15-11:30 Health break

11:30-1:00 SM Round Table Discussion

1:00 - 2:00 LUNCH

### SESSION 4 2:00-4:45

2:00 -2:30 Capacity Building Session

2:30-3:15 Presentations

- ① An exploration of the barriers and facilitators shaping the implementation of adolescent mental health interventions. A case of Livingstone and Kazungula District, Zambia.
- ② A multifaceted Approach to implementing a child and adolescent service: Lessons from Sierra Leone
- ③ Evidence based intervention for children in street life situation

3:15-3:30 Health break

3:30-4:00 Panel Discussion/Q&A

4:00-4:45 Presentation:

- ① Task-sharing the Youth Readiness Intervention to improve the mental health outcomes of Somali war-affected youth in Kenya:
- ② Using a Task-shifting Family and School-based Intervention to Improve Emotional Regulation and Family Functioning Among Parents and Children in Sierra Leone
- ③ Analysis of a Mental Health Literacy Curriculum and Self-Care Resource Database as a Path to Reducing Stigma in Young Adult Population

4:45-5:00 Day 2 close out

## Speakers

David Mukunya  
(Busitema University)

Dr Daniel Waweru  
(Save The Children Intl)

Molly McGrane  
(Boston College)

Sophia Truong  
(Loma Linda University)

Innocent Chansa  
(Contact Trust Youth Association)

Chenjezo Grant Gonani  
(Partners in Health)

Christine Mushashi  
(CECYDAR)

Zeena Khazendar  
(Stanford University School of Medicine)

Zephon Lister  
(Loma Linda University & Adventist Health System of Sierra Leone)

Sam Muhanguzi  
(UGHE)



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**SESSION 5 9:00-11:00**

**9:00-9:30 Keynote presentation**

**9:30-10:30 Presentations**

- ① Shadows into Light: A Generation of Former Child Soldiers Comes of Age
- ② Impact Evaluation of the Community-based Social Healing Approach to Overcome Trauma and Common Mental Disorders in the General Population in Rwanda
- ③ Feasibility, acceptability, and preliminary efficacy of "Live Happily", a tele-psychosocial stigma-reduction intervention for youth living with HIV in Vietnam

**10:30-11:15 Panel Discussion/Q&A**

**11:15- 11:30 Health break**

**TOPIC 6 11:30-1:00**

- ① Care of mental health patients at the primary health care "Case of Matyazo Health Center" in Rwanda.
- ② A randomized controlled trial evaluating the effectiveness of narrative therapy on resilience of orphaned and abandoned children fostered in SOS children's village
- ③ Improving Mental Health, Resilience, and Social Cohesion in Rwandan Survivors and Perpetrators with a Community Resilience Model (CRM) intervention plus Laughter Yoga (LY)
- ④ Mental health in humanitarian set-ups: mental health services for conflict affected children in Rwanda

**1:00-2:00 LUNCH**

**TOPIC 7 2:00-4:45**

**2:00-2:30 Panel Discussion/Q&A**

**2:30-3:15 Presentation**

- ⑤ Predictors and factors associated with poor mental health outcomes among caregivers of children with disabilities in rural Rwanda.
- ③ A comparative analysis of institutionalized and alternative care with reference to children's mental health in Meru, Kenya.
- ④ Reintegrating separated children: an effective locally-developed strategy for a global challenge

**3:15-3:30 Health Break**

**3:30-4:00 Panel Discussion/Q&A**

Close-out session (announce best paper & best poster awards), final brief closeout talks by Directors

**4:00-4:45 Closing Remarks** - Prof Vincent Sezibera/UoR Centre for Mental Health  
- Prof Theresa Betancourt/RPCA  
- Executive Director/FXB Rwanda  
- Director General/NCDA

**4:45-5:00 Conference close out**

**Speakers**

Hope and Homes for Children

Moses Zombo  
(Caritas Freetown)

Jean Bosco Niyonzima  
(Ubuntu Centre for Peace)

Mary Bachman DeSilva (Boston College)  
&  
Dr. Tran Kieu Nhu (Institute for Social Development Studies)

Maurice Irafasha & Simeon Sebatukura  
Gitimbwa (University of Rwanda)

Francoise Karibwende  
(Wihogora Psychosocial Centre)

Samuel Habimana  
(Rwanda Resilience and Grounding Organization)

Dr Mutabazi Placide

Alain Ahishakiye  
(Center for Mental Health)

Mercy Kendi Bundi  
(Mecawe)

Christine Gatwiri  
(Sodzo Kenya)